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## A Review on Lead Toxicity: Harmful Effect on Plants

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### Abstract

In recent years, the world population has grown rapidly, along with which there has been a growth in heavy metal toxicity due to anthropogenic activities. The toxicity of lead is more than other heavy metals, which is about 10%. The plants in which lead accumulates more, have a decrease in plant growth and photosynthesis. Humans are directly and indirectly dependent on plants. Therefore, the toxic effect of lead affects human being as well as plants. The concentration of lead in plants, plant growth and lead transfer from plants to animals, the concentration of lead in the environment is constantly increasing due to natural and anthropogenic activities, have been discussed. The use of things made of heavy metals should be banned by the government. This article discusses the accumulation of lead in plants and its toxic effects.

**Keywords:** Heavy metal, toxicity, human and vegetable plants.

### 1. Introduction

The toxicity of lead is estimated to be higher than other metals. The harmful effects of lead have been seen in humans as well as plants [1-2]. Lead has always been the enemy of humans and plants. Lead is such a metal that affects almost all the organs of humans [8]. All the functions performed by the human body are affected by lead. Lead gives rise to many diseases in humans. In view of this, countries like USA and Canada have launched many campaigns to control lead [11-13]. Still, there is no sign of stopping the use of things made from lead in the country [6]. If lead continues to be used like this, it will not be good for humans and other living beings. The main reason for the increased use of lead is that it has unique physical and chemical properties which makes it a useful metal for humans. Its beneficial use has been going on for a very long time. As a result, lead has become an environmental pollutant. Since lead is non-biodegradable, the more it is used, the more its quantity will increase in the environment. Recent research has shown that education has very dangerous effects on kidney, reproductive nervous system. Adverse effects of education have been seen in both young and old humans. Comparatively more toxic effects have been seen in young children. Its effects in humans can lead to Alzheimer's, multiple sclerosis, Parkinson's disease, muscular dystrophy, cardiovascular issues, kidney damage, anemia, reproductive etc. Toxic symptoms lead to abdominal pain, headaches, irritability and in severe cases seizures and coma [10-21]. Two or more elements combine to form a lead compound. Lead combines with air and water to form many compounds

such as oxides, sulphides and carbonates. Lead compounds are used as rust inhibitors. It has a low melting point and can react with both acids and bases. Lead leaks mostly from factories, petrol and other oils, mixture of metals and is emitted into the air due to burning of fossil fuels. Lead enters the plants through water, soil and air due to smoke from vehicles, which hinders plant growth, photosynthesis and other functions. Due to increasing industrialisation and urbanisation, other heavy metals get accumulated in the leaves of plants, which enter the humans and other animals through vegetables, which take the form of poisoning.

Lead is the most prominent heavy metal found in soil, which is a highly harmful metal for plants. Lead is not required in plants but small amounts of lead can cause morphological physical and biochemical problems in plants [20-26]. The concentrations of the tomato may be higher while the amount of lead in tomatoes is potentially low. Lead soil capacity can be more than 2000 years, which can cause problems of type in plants. Pollution from lead out of heavy metal is about 10%, lead is used in various types of battery manufacturing, paint, gasoline alcohol addition, petrochemical refinery etc. The pH of the soil plays an important role in maintaining the lead in the soil. Plants growing in the soil take more lead from acidic soil than basic soil, lead is being used a lot like pants, toys, traditional medicines, ceramics, the use of ceramics is continuously increasing, which has a direct effect on animals, plants and environment. It is happening that the government should implement a strong rule to control it [24-32].

## 2. Review of Literature

- i). Pb has been used since ancient times because Pb is a very useful heavy metal for humans, but its negative effects have also been observed, such as harmful effects of lead have been observed on plants such as it disrupts enzymatic activities in plants and causes oxidative damage. Negative effects of Pb have been observed on both chemical and physical activities in plants [21].
- ii). Heavy metals are a serious problem for the environment and its solution is very important. Heavy metals occur naturally and are not very harmful for the environment, but due to their continuous use by people, lead has started to be seen as a harmful heavy metal. For example, Pb has harmful effects on seed germination, plant growth, decrease in plant biomass, decrease in biosynthesis, photosynthesis and enzymatic reactions. Metal toxicity can be easily seen on ROS. Besides this, some measures are also known to reduce metal toxicity, such as NO, H<sub>2</sub>S and plant hormones can be used. NO controls antioxidants [22].
- iii). They observed that lead has harmful effects on almost all types of plants, but when 'embauba' was compared with sunflower and vetiver, they observed a decrease in the biomass of the embauba plant, a decrease in root growth and a decrease in germination, whereas no harmful effects were observed on vetiver and sunflower plants [23].
- iv). They concluded that as lead concentration in Rice increases, oxidative stress in the plant increases. SOD, peroxidases and GR act as partial oxidative defense against Pb induced oxidative injury in rice [24].
- v). Increasing concentration of Pb in plants causes hindrance in ATP production which has a direct negative effect on plant growth, germination of seeds, seedling development, chlorophyll, photosynthesis, inhibition of Calvin cycle enzymes and reduction in absorption by roots etc. And due to increased ROS activity, excessive production of ROS leads to lipid substitution and DNA damage [25].

## 3. Influences of Lead Toxicity on Plants Growth and Yield Formation

Lead reduces root growth and water absorption in plants. It decreases root stability and efficiency. It also slows down photosynthesis and respiration. Lead reduces energy production by affecting chlorophyll and enzyme activities, which directly affects plant metabolic activities. This results in nutrient imbalance (lead causes instability in calcium, magnesium, phosphorus and other nutrients), which adversely affects plant health and growth [3-15].

Lead can cause oxidative stress in plants, which can lead to deformation of plant organs and cellular structures, and lead to reduced production of fruits, flowers, and seeds in plants [35-42].

## 4. Uptake of Lead

The absorption of lead in plants occurs through roots from water, aqueous and atmosphere. The absorption of lead in plants occurs passively and as lead is continuously absorbed, it moves throughout the plant body through xylem vessels and lead is transferred from the plant's endodermis to the endoderm, which causes imbalance in the plant's functioning [7-21]. The uptake of lead in plants also occurs through stomata present on the outer surface of the plant and the surface of the leaves. Plants grown in areas where the atmosphere contains high levels of heavy metals in dust show reduced growth

because dust and heavy metals get deposited in the stomata on the leaf surface and elsewhere [11-12]. The heavy metals reach the endodermis and bind to the cell wall and plasma membrane. The endodermal cells act as a physical barrier to lead transfer as they block the symplast and apoplast pathways and the remaining lead ions continue the transfer process through the symplast pathway alone [24-36].

## 5. Harmful Effect of Lead

The harmful effects of lead have been seen and heard since ancient times. The harmful effects of lead have been seen in both plants and animals. The effect of lead has been seen on enzyme activity, photosynthesis, and plant growth of plants. Chloramphenicol acetyl transferase (CAT) is oxidoreductase that decomposes H<sub>2</sub>O<sub>2</sub> to water and molecular oxygen and it is one of the important enzymes involved in the removal of toxic peroxides. CAT activities in cuttings and seedlings significantly increased at lower lead concentrations, while at higher lead concentrations it decreased. Reduced CAT activity at higher concentrations of lead might be attributed to in activation of enzymes by ROS, decrease in assembly of its subunits. Lead has adverse effects on photosynthesis and damages chlorophyll. Oxidative stress is responsive to lead exposure. Lead has adverse effects on both young and grown plants. When seeds are germinated, if they are in contact with lead then it inhibits their germination and growth. Lead-induced seed germination inhibition has been reported in *Hordeum vulgare*, *Elsholtzia argyi*, *Spartina alterniflora*, *Pinus halepensis*, *Oryza sativa* and *Zea mays*. Lead causes toxicity in the plant causing swollen stems, curled leaves and harmful effects on roots [36-42].

Lipid peroxidation-Continuous lead absorption in various plants leads to lead accumulation in plants. Lead concentration in plants increases. This leads to increased antioxidant enzyme activities and chemical reactions and increases the respiratory rate in the mitochondria of plant cells, which causes an imbalance in the electron transport chain [7-9].

Photosynthesis-Plants obtain energy as a result of photosynthesis, due to which biochemical and metabolic activities in plants are possible only through photosynthesis. Increasing lead concentration can cause toxicity in plants, affecting chlorophyll plastoquinone, etc. Along with this, the activity of C<sub>3</sub> cycle enzymes in plants slows down to a great extent. This has a direct effect on photosynthesis, as a result of which the rate of oxidative phosphorylation capacity decreases. On increasing lead concentration in plants, the activity of xylem and phloem decreases and the leaves get affected [16-20].

Oxidative Metabolism Effected by Lead Heavy metals-Disruption of Cellular Fusions-Mitochondria is a process of oxidative which is affected by lead. Production starts decreasing and ATP production is less. ATP is the form of energy [29-31].

Increased reactive oxygen species-Increased concentration of heavy metals such as lead in a plant increases the production of ROS, which in turn increases oxidative stress, causing damage to cellular structures including lipids, proteins, and nucleic acids, leading to a variety of problems including cell destruction and metabolic disorders [61-65].

Disrupting enzyme function-The process of enzymes involved in energy production slows down when lead concentration increases, such as Krebs cycle and oxidative phosphorylation. This reduces the efficiency of energy production [3].

## 6. Remediation

With the increasing population, the consumption of food items, grains, fruits and vegetables is also increasing. To increase the production of vegetables, fruits and grains, people are using different types of chemicals and physical treatments due to which the soil is getting polluted and the concentration of different types of chemicals and heavy metals in the soil is constantly increasing [49-55]. Their treatment is very important, such as phytoremediation, soil amendments, soil washing, microbial remediation, physical barriers, regular monitoring and sustainable practices etc. Toxic can be reduced by using hyperaccumulator plants because such plants generally absorb lead in large quantities, such as brassica juncea. Plants can reduce the concentration of lead in the soil by absorbing Pb. And we can keep the Pb concentration constant by using organic material (such as manure, biochar). The solubility of lead can be reduced by using lime, phosphate fertilizer and zeolite [22-28].

## 7. Conclusion

As we know heavy metals are being used since ancient times because some heavy metals have proved to be beneficial for human beings. It has also been seen that heavy metals show harmful effects directly and indirectly on animals and plants, for example, enzymatic activities and oxidative destroy are affected adversely in plants. Many different mechanisms are involved in Pb toxicity. To understand Pb toxicity, it is important to understand the harmful effects of Pb on plants at the molecular level and knowledge of plant metabolomics, transcriptomics and genomic approaches is extremely useful.

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